Therapeutic Massage — Client Intake Form

Personal Information

Name _____ Phone (day) _____ (evening) _____

Address _____ City, State, ZIP _____

Email (optional) _____ Date of Birth _____ Occupation _____

Emergency Contact _____ Phone _____

Physician _____ Phone _____

Massage Information

How did you hear about us? _____

Have you ever had a professional massage before? ☐ yes ☐ no

If yes, how often do you receive massage therapy? _____

If yes, do you have a style or pressure preference? ☐ yes ☐ no

Specify: ☐ light pressure ☐ medium pressure ☐ deep pressure

☐ trigger point therapy ☐ energy work

☐ Other _____

What type of massage are you seeking today?

☐ Relaxation ☐ Deep Tissue/Therapeutic ☐ Pregnancy

☐ Senior ☐ Integrated Bodywork (functional)

☐ Other _____

Are you sensitive to fragrances or perfumes? ☐ yes ☐ no

Do you have sensitive skin? ☐ yes ☐ no

Do you wear contact lenses? ☐ yes ☐ no

Do you exercise regularly?

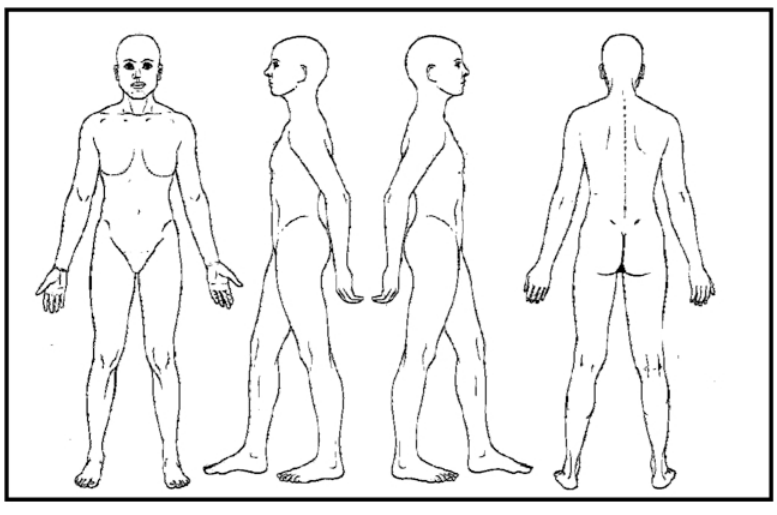
If so, what type(s)? _____

What are your common areas of pain or tension?

_____

_____

Circle any specific areas you would like the massage therapist to concentrate on during the session:



Medical History

Do you suffer from chronic or persistent pain/discomfort?

_____

If so, for how long? _____

Do you know what caused it or when the symptoms seem to get worse or better? _____

_____

Do you see a chiropractor? ☐ yes ☐ no

If so, how often? _____

Are you currently under medical care? ☐ yes ☐ no

Are you currently taking any prescription medication? If so, for what? _____

_____

_____

Please indicate any conditions that you have had or currently have:

☐ headaches, migraines
☐ allergies, sensitivity
☐ arthritis, tendonitis
☐ cancer, tumors
☐ TMJ problems
☐ abdominal skin condition
☐ heart/circulation problems
☐ joint replacement / surgery
☐ high / low blood pressure
☐ major accident
☐ varicose veins
☐ pregnancy
☐ blood clots
☐ neck / back injuries
☐ diabetes
☐ paralysis
☐ fibromyalgia
☐ numbness
☐ sprains, strains
☐ recent injuries
☐ lack of or reduced feeling / sensation _____

Explain any conditions that you have marked above:

_____

_____

_____

_____